

**IFDMO**International
Fascial Distortion Model
Organization

FDM Intensive course in Hannover / Germany



Academy for manual therapy, Fuhrberger Str. 2, 30625
Hannover

Nearby: Medical University Hannover (MHH)

Fascia – Distorsion - Model – FDM – according to Dr. Typaldos

The FDM model is a very effective new method in pain management for patients with musculoskeletalneural pain.

It was developed by Dr. Stephen Typaldos, emergency medical specialist and osteopath. He came up with this theory in 1991.

He had realized that his patients although they came with different medical diagnosis, always showed the same body language and came up with the same symptoms.

To him the principle of this phenomenon was 6 different fascia distortions, which differ in some parts, for example locations, quality of pain and the discription of the symptoms.

For all these distortions he created a classification of treatments on the basis of osteopathy, chiropractic and manual therapy.



FDM –Intensive course (Modules 1 – 3 in one week)

Time: Tuesday, 26. – Saturday, 30. May 2026

(Tuesday – Friday 9:00 – 17:00, Saturday 9:00 – 13:00)

Course fee: 998,-€ incl. lecture notes / script

Instructor: Mathias Brachetti – FDM Instruktor – IFDMO

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